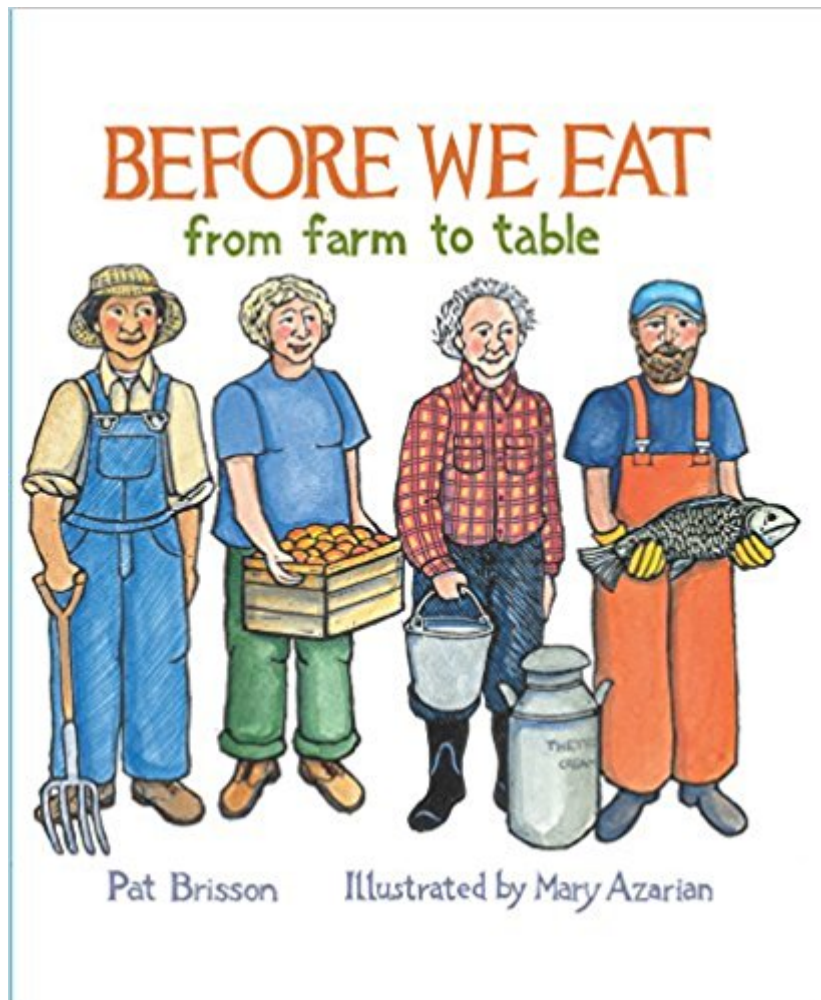




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# Before We Eat: From Farm To Table



## Synopsis

\* MOONBEAM GOLD AWARD \*\* GROWING GOOD KIDS AWARD FOR EXCELLENCE IN CHILDREN'S LITERATURE, AMERICAN HORTICULTURAL SOCIETY AND NATIONAL MASTER JUNIOR GARDENER PROGRAM \* Milk doesn't just appear in your refrigerator, nor do apples grow in the bowl on the kitchen counter. Before we eat, many people must work very hard—planting grain, catching fish, tending animals, and filling crates. In this book, vibrantly illustrated by Caldecott Medalist Mary Azarian, readers find out what must happen before food can get to our table to nourish our bodies and spirits. Â Fountas & Pinnell Level L Color Woodcuts

## Book Information

Lexile Measure: AD740L (What's this?)

Hardcover: 32 pages

Publisher: Tilbury House Publishers; 1 edition (January 5, 2014)

Language: English

ISBN-10: 0884483525

ISBN-13: 978-0884483526

Product Dimensions: 9.4 x 0.5 x 10.4 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 23 customer reviews

Best Sellers Rank: #105,240 in Books (See Top 100 in Books) #11 in Â Books > Children's Books > Education & Reference > Science Studies > Farming & Agriculture #79 in Â Books > Children's Books > Children's Cookbooks #136 in Â Books > Children's Books > Geography & Cultures > Where We Live > Farm Life

Age Range: 4 - 7 years

Grade Level: Kindergarten - 3

## Customer Reviews

â œA simple poem thanking the people who grow, transport, sell and prepare our food is transformed by Azarianâ™s bright woodcuts... A warm celebration of both small farms and the idea that it takes a village to feed a child. (Picture book. 2-6)â • - Kirkusâ œWith beguiling illustrations and a lovely spare text, this book will inspire conversations with young children about the origins of their food and start them on the path to being careful stewards of the environment.â • - Anne K. Fishel, Ph.D., Co-founder, The Family Dinner Project, Associate Clinical Professor, Harvard Medical Schoolâ œCultivating an attitude of gratitude as a healthy thing to do. Â In recent years much has

been published about the numerous benefits of being grateful. The webmd.com article on gratefulness says that gratitude reduces stress and boosts the immune system, both of which improve quality of life all the way around. ...The book is a thoughtful examination of where food comes from • that is before it gets to the grocery store. The book shows people engaged in every manner of food production: plowing, planting, harvesting, milking, egg gathering, packing and weighing crates, driving delivery trucks and cashiering at the grocery store. It is a wonderfully inclusive and honest way to view food acquisition. - Jennifer Prince, Children's Book Review, Citizen-Times, Asheville NC

Pat Brisson is the author of 20 books for young readers, including *The Summer My Father Was Ten* and *Sometimes We Were Brave* (both from Boyds Mills Press). A graduate of Rutgers University, she is a former elementary school teacher, school librarian, and public-library reference librarian. Pat lives in New Jersey with her husband. Artist Mary Azarian is the Caldecott-Medal winning illustrator of *Snowflake Bentley*, written by Jacqueline Briggs Martin (1999, Houghton Mifflin). She created the pictures for *Before We Eat* by first carving the pictures in wood (in reverse!) and then printing them with ink onto paper before adding the color with watercolor paints. She lives and creates her art on a hilltop farm in Vermont.

I purchased the Kindle version of this book to read aloud as a supplement to our homeschool community helpers (farmers and farms) lesson. This is a well written and illustrated book that is simply put and easy for kids to understand. The book describes the basic processes and methods of how farmers and farms work to provide food and resources on the farm in; plowing the fields, seeding, sowing, harvesting, caring for animals, packing produce/goods, delivering produce/goods, and ending up in grocery stores and the appreciation of those who work in grocery stores. Overall this is a great book for kids to help them understand the basic concepts and appreciation of farmers and farms. Great resource for community helpers units/lesson or just as a good read. The Kindle version reads nicely and the illustrations are nice and realistic.

This is another of Mary Azarian's illustrated wood cut books. I am a fan of her artistic work > Be sure to Google her to see all of her things. The story line by Pat Brisson is wonderful for pre-school to beginning elementary grades describing how our food comes to the table. It helps children appreciate all the workers that raise the food and transport the food to the grocery store. I am gifting it to my grandson, a kindergartener for the holidays. He helps his Dad plant their garden so this

should be a great way to identify how he contributes to the scheme of things. They plant KALE, so the T-shirt in the book on one of the workers which has the printed words, "EAT MORE KALE" should really ring a bell.

Pat Brisson's eloquent poem in *Before We Eat; From Farm to Table*, illustrated with Mary Azarian's stunning woodcuts, is the perfect book to share with young children, and indeed family members of any age. It is a gorgeous reminder that our daily dining should not be taken for granted! Our food passes through many hands before it reaches our table. *Before We Eat* is a lovely way to start any family celebration, particularly Thanksgiving.

This is a great book for explaining how grows and travels to our table. It's a must have for children that are curious about how things work. Awesome detailed illustrations and simple words make this book easy to follow and understand. Worth the purchase. But try it from your library first if you're unsure.

This book was a gift for my daughter-in-law who used it as part of one of her graduate classes. She was to design a unit for primary students in conjunction with a farm/manufacturing museum in central PA. Her teacher loved the tie-in as well as the museum director. The book is now there as part of a display on the differences in farming, then and now. I loved it for the clear, non-patronizing language and especially for the art of Mary Azarian.

Great book and nicely illustrated to teach children how food gets to their plates.

Simple . Great art. Self explanatory. Opens the door for conversation about the environment and appreciation for what we have in this country and what all people need to live. Also the value of different types of work.

Gave as gift and toddler was very happy reading and looking at illustrations

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From Farm to Table From the Farm to The Table, Healthy Foods from the Farm for Kids - Children's Agriculture Books The Art of the Table: A Complete Guide to Table Setting, Table Manners, and Tableware Pivot Tables: Pivot Table Basics, Pivot Table Essentials, Data Crunching, Master Pivot Tables, Learn Pivot Tables. Pivot Table Tricks, Tips, Secrets, Shortcuts, Made Easy, Pivot Tables for Beginners Growing Tomorrow: A Farm-to-Table Journey in Photos and Recipes: Behind the Scenes with 18 Extraordinary Sustainable Farmers Who Are Changing the Way We Eat Food Truths from Farm to Table: 25 Surprising Ways to Shop & Eat without Guilt Summary - Eat Fat Get Thin: By Mark Hyman - Why the Fat We Eat Is the Key to Sustained Weight Loss... (Eat Fat, Get Thin: A Complete Summary - Book, Paperback, Audiobook, Audible, Hardcover,) Weight Loss: INTERMITTENT FASTING: Eat Stop and Eat (lose Weight Eat to Live Healthy Diet Plans Fat Burning Success Weight Loss) (Beginner's Guide) Farm Crawlers (Farm Tractor Color History) Century Farm: One Hundred Years on a Family Farm Old-Fashioned Farm Life Coloring Book: Nineteenth Century Activities on the Firestone Farm at Greenfield Village (Dover History Coloring Book) Temple Grandin's Guide to Working with Farm Animals: Safe, Humane Livestock Handling Practices for the Small Farm Celebrate the Harvests!: Michigan Farm Markets, Farm Stands, and Harvest Festivals Fresh Start: Farm-to-Table, Plant-Based Baby Recipes Dishing Up® Oregon: 145 Recipes That Celebrate Farm-to-Table Flavors Farm-to-Table Desserts: 80 Seasonal, Organic Recipes Made from Your Local Farmers' Market The Nourished Kitchen: Farm-to-Table Recipes for the Traditional Foods Lifestyle Featuring Bone Broths, Fermented Vegetables, Grass-Fed Meats, Wholesome Fats, Raw Dairy, and Kombuchas

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